



Post Examination Activities 2022-23

STM/eN072/22-23

各位家長：

本年度的試後活動及結業暨頒獎典禮具體安排如下：

I. 日期及時間：

試後活動	29-6-2023 (星期四) 至 7-7-2023 (星期五)	A. 校內活動 (上午) 8:20 - 8:30 早會點名(課室) 8:30 - 10:15 第一節活動 10:15 - 10:45. 小息 10:45 - 12:15 第二節活動 12:15 - 12:30 點名(課室)及放學 (下午) 14:15 - 16:00 中四及中五補課 (參考家長通訊 STM/SA048) B. 校外活動則以個別活動之家長通告公佈時間為準
結業暨頒獎典禮	10-7-2023 (星期一)	(上午) 結業暨頒獎典禮 + 成績表派發 (下午) 14:15 - 16:00 中四及中五補課 (參考家長通訊 STM/SA048)

II. 參與活動級別或班別：

日期	回校參與活動級別或班別							個別相關同學
	中一	中二	中三	中四		中五		
29-6-2023 (星期四)		✓	✓	✓(上午)	✓(下午補課)	✓(上午)	✓(下午補課)	✓
30-6-2023 (星期五)	✓	✓		✓(上午)	✓(下午補課)		✓(下午補課)	✓
3-7-2023 (星期一)	✓	✓	✓		✓(下午補課)	✓(上午)(中大)		✓
4-7-2023 (星期二)	✓	✓	✓		✓(下午補課)		✓(下午補課)	✓
5-7-2023 (星期三)			✓	✓(上午)	✓(下午補課)		✓(下午補課)	✓
6-7-2023 (星期四)	✓	✓			✓(下午補課)	✓(上午)	✓(下午補課)	✓
7-7-2023 (星期五)			✓	✓(上午)(城大)		✓(上午補課)*	✓(下午)(故宮)	✓
10-7-2023 (星期一)	✓	✓	✓	✓(上午)	✓(下午補課)	✓(上午)	✓(下午補課)	✓

* 補課時間為 8:20 - 10:15 及 10:45-11:15, 午膳時間為 11:15 - 12:30



Post Examination Activities 2022-23

III. 試後活動學生指引

1 服飾儀容

- 1.1 試後活動是學習經歷的重要一部分，學生必須穿著整齊校服依時參與校方安排的試後活動。如參加校外或戶外活動，需穿著便服時，必須事先得到校方批准。進入校門時，須向當值學校人員出示學生證，以資識別。服裝應以輕便、整潔、樸素端莊，配合學生的形象為原則，不可穿著街褻及不合規格的服飾，也不可佩戴未經校方准許的飾物。

2 校內行為守則

- 2.1 學生必須準時於上午八時十五分前回校。在校期間，應積極參與校方安排之活動，中途不得擅自離校。
- 2.2 學生必須出席相關的級/班際活動，如須出席其他活動，只可在同一時段參加同一個活動，並須有關老師在活動前將名單交與課外活動組。學生如無故缺席級/班際活動，將作曠課論。
- 2.3 學生不得攜帶紙牌、遊戲機或任何未經批准的電子產品及刊物回校，否則作違規行為處理。
- 2.4 除開放之指定場地如禮堂、課室、雨天操場、球場看台外，學生不得在通道上徘徊。
- 2.5 學生只可在小息期間在小食部購買食物或飲料。

3 校外行為守則

- 3.1 學生應於上午八時十五分前回校，或於指定時間到集合地點集合，逾時不候。
- 3.2 學生必須攜帶學生證，並於活動期間服從負責老師的指示，不得擅離隊伍。
- 3.3 學生應注意個人的行為表現，態度須有禮，言語應得體。
- 3.4 學生必須遵守活動場地的守則，聽從場地工作人員的指示。
- 3.5 學生應根據校外活動的性質穿著合適的服飾和配備適當物品，如太陽帽、飲料、雨具和防蚊用品等。
- 3.6 學生不宜攜帶過量的金錢參與校外活動，並小心保管自己財物。

IV. 試後活動詳情亦上載學校網頁，供家長及同學查閱。如有查詢，請聯絡班主任。

校長 陳耀明

2023 年 6 月 23 日



Post Examination Activities 2022-23

Date : 29-6-2023 (Thu)

Teacher ic: HKK

Time	Venue	Organizer	Activities	No. of Participants	Target Group	Responsible Teachers
08:20 – 08:30	Classrooms	--	Morning Roll-call	All Students	S2, S3, S4, S5	Class Teachers

Outdoor Activities:

(27/6/2023 – 29/6/2023)	中國北京	Sister School Scheme	北京姊妹學校交流團	20	S3-S4	NKY, YSP, FWS
(26/6/2023 – 2/7/2023)	中國南京、蘇州	Global Education & Exchange Programmes	第六期「心手相連·青春有約」—蘇港兩地青少年交流活動	10	S3	ITL
14:00-16:30	青松侯寶垣中學	學體會	屯門區周年學界比賽頒獎典禮	10	Representatives from School Sports Team	HKF, LYF

Activities held at School Hall:

08:30-10:15	Hall	Health & Sex Education	如何處理戀愛問題 防止戀愛暴力	240	S4 – S5	LKW, LYF, CTW, YL TA(NCS), TA(E)
10:45-12:15	Hall	STEAM Education	STEM 與 AI 教育 結合的生涯規劃	240	S4 – S5	CYC, CKY, LKY, TA(C), TA(M &S)

Activities held at SAC / Special Rooms / Classrooms:

08:30-10:15	2A (411) 2B (311) 2C (211) 2D (410)	Career and Life Planning Committee	歷程體驗~生活反思	120	S2	CCM, LYK(2A), LCW(2B), WSC(2C), LSH(2D)
08:30-10:15	Lecture Theatre	Personal, Social & Humanities Education (PSHE) KLA	中三班際文史常識 問答比賽	120	S3	HTK, KSW, WCK, TA(L&T)
10:45-12:15	2A (411) 2B (311) 2C (211) 2D (410)	English Department	Reciprocal Reading in STEM	120	S2	CLY(2A), LMLE(2B), SL(2C), PCY(2D)
10:45-12:15	3A, 3D(Lecture Theatre) + 3C(CR1) + 3B(CR2)	STEAM Education	STEAM Activity	120	S3	LSF, CST, LFK, LKW
08:30-16:00	Phy Lab	HK Red Cross Youth Unit	Youth First Aid Proficiency Course	16	S1 – S5	LKL, LOO

12:15 – 12:30	Classrooms	--	Roll-call before School Dismissal	All Students	S2, S3, S4, S5	Class Teachers
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Post Examination Activities 2022-23

Date : 30-6-2023 (Fri)

Teacher ic: CYC

Time	Venue	Organizer	Activities	No. of Participants	Target Group	Responsible Teachers
08:20 – 08:30	Classrooms	--	Morning Roll-call	All Students	S1, S2, S4	Class Teachers

Outdoor Activities:

(26/6/2023 – 2/7/2023)	中國南京、蘇州	Global Education & Exchange Programmes	第六期「心手相連·青春有約」— 蘇港兩地青少年交流活動	10	S3	ITL
8:30-12:30	Central, Hong Kong	Chinese History Department	中國歷史探索之旅	32	S4, S5 #	HTK, LYY
09:00-12:00	香港一銘體育乒乓球訓練中心	香港一銘體育有限公司	智慧乒乓球訓練系統體驗	10	Table Tennis Team %	HKF

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% 穿著校隊球衣

Activities held at School Hall:

8:30-10:15	Hall	Discipline & Values Education	「防止罪案、學生同行」講座	240	S2, S4	KSW, TCH, TA(C), TA(L&T), TA(IT)
10:45-12:15	Hall	Environmental Education	可持續發展與綠色行業發展	120	S1	HKK, LML, TA(NCS), TA(E)

Activities held at SAC / Special Rooms / Classrooms:

8:30-10:15	1A (107) 1B (108) 1C (109) 1D (110)	Career & Life Planning Education	我想我是..... 自我認識工作坊	120	S1	CKL, CPT(1A), NHS(1B), LKYI(1C), LSF(1D)
10:45-12:15	2A (411) 2B (311), 2C (211) 2D (410)	English Department	Reciprocal Reading in STEM	120	S2	CLY(2A), LMLE(2B), SL(2C), PCY(2D)
10:45-12:15	4A (207) 4B (208) 4C (209) 4D (210)	Career & Life Planning Education	從業員分享	120	S4	CYF(4A), CKL(4B), CKY(4C), LSC(4D)
8:30-12:15	407	Mathematics Dept	Hang Lung Mathematics Award Training	5	S4	YHW
10:45-12:15	310	Student Librarian Association	編輯工作坊	20	S1 – S3	LTW, LMP
08:30-16:00	Phy Lab	HK Red Cross Youth Unit	Youth First Aid Proficiency Course	16	S1 – S5	LKL, LOO

12:15 – 12:30	Classrooms	--	Roll-call before School Dismissal	All Students	S1, S2, S4	Class Teachers
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Post Examination Activities 2022-23

Date : 3-7-2023 (Mon)

Teacher ic: HKF

Time	Venue	Organizer	Activities	No. of Participants	Target Group	Responsible Teachers
08:20 – 08:30	Classrooms	--	Morning Roll-call	All Students	S1, S2, S3, S5	Class Teachers

Outdoor Activities:

08:30 – 12:30	The Chinese University of Hong Kong	Career & Life Planning Education	CUHK Business Lecture and Tour	120	S5 #	CKL, CCM, PCY, PML, FWS, CLY, LCW
08:15 – 16:00	The Chinese University of Hong Kong	Citizenship and Social Development Department	漫遊大地看神州	30	S4	LCK

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Activities held at School Hall:

08:30 – 10:15	Hall	Chinese Language Dept. + Putonghua Dept. + Moral, Civic & National Education	初中中文演講比賽	360	S1 – S3	LSH, LSY, YSP, CKW, YTW, LTW, LOO, TA(C),
10:45 – 12:15	Hall	Chinese History Dept	歷史名人講座 (近代中國香港華人菁英)	360	S1 – S3	HTK, LKY, CKY, WYW, LKYI TA(E),

Activities held at SAC / Special Rooms / Classrooms:

8:30 – 12:15	407	Mathematics Dept	Hang Lung Mathematics Award Training	5	S4	YHW
10:45 – 12:15	310	Student Librarian Association	編輯工作坊	20	S1 – S3	LTW, LMP

12:15 – 12:30	Classrooms	--	Roll-call before School Dismissal	All Students	S1, S2, S3	Class Teachers
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Post Examination Activities 2022-23

Date : 4-7-2023 (Tue)

Teacher ic: LMLE

Time	Venue	Organizer	Activities	No. of Participants	Target Group	Responsible Teachers
08:20 – 08:30	Classrooms	--	Morning Roll-call	All Students	S1, S2, S3	Class Teachers

Outdoor Activities:

08:15 – 16:00	The Chinese University of Hong Kong	Citizenship and Social Development Department	漫遊大地看神州	30	S4	LCK
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Activities held at School Hall:

08:30 – 10:15	Hall	ECA Co-ordination Committee Music Association, Echo, Dance Club, Stage Management	Variety Show	360	S1 – S3	WSC, ROSS, PML, HKK CPT, NHS, LKYI, <u>CHL</u> TA(Activity), TA(IT), TA(E), TA(C)
10:45 – 12:15	Hall	ECA Co-ordination Committee Music Association, Echo, Dance Club, Stage Management	Variety Show	360	S1 – S3	WSC, ROSS, PML, HKK SL, WYW, <u>TCH</u> TA(Activity), TA(IT), TA(L&T), TA(NCS)

Activities held at SAC / Special Rooms / Classrooms:

8:30 – 12:15	407	Mathematics Dept	Hang Lung Mathematics Award Training	5	S4	YHW
10:45 – 12:15	310	Student Librarian Association	編輯工作坊	20	S1 – S3	LTW, LMP
12:15 – 12:30	Classrooms	--	Roll-call before School Dismissal	All Students	S1, S2, S3	Class Teachers



Post Examination Activities 2022-23

Date : 5-7-2023 (Wed)

Teacher ic: LSY

Time	Venue	Organizer	Activities	No. of Participants	Target Group	Responsible Teachers
08:20 – 08:30	Classrooms	--	Morning Roll-call	All Students	S3, S4	Class Teachers

Outdoor Activities:

08:00 – 14:00	Mai Po	Biology	Mai Po Field Trip	30	S5 #	LSF, LSC
08:15 – 16:00	The Chinese University of Hong Kong	Citizenship and Social Development Department	漫遊大地看神州	30	S4	LCK
14:30 – 16:30	Queen Elizabeth School, Mong Kok	Healthy School Programme	健康校園計劃- 健康人生嘉許禮	10	S4	KSW

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Activities held at School Hall:

08:30 – 10:15	Hall	STEAM Education	STEAM 創新砌橋活動	120	S3	LKL, LT(H), LT(T), TA(M & S)
10:45 – 12:15	Hall	STEAM Education	STEAM 創新砌橋活動	120	S3	LKL, LT(H), LT(T), TA(M & S)

Activities held at SAC / Special Rooms / Classrooms:

Time	PG / SAC1	A107	AR					
8:30 – 9:15	4A4C	4B	4D	ECA Co-ordination Committee + PE Dept + Chess Club + Art Club	新興運動體驗 + 新學會桌遊體驗 + 好耐無見視藝大挑戰	120	S4 #	LSY HKF, LYF (PG / SAC1), CST(CR2), CKYU(AR)
9:30 – 10:15		4D	4B					
10:30 – 11:15	4B4D	4A	4C					
11:30 – 12:15		4C	4A					
08:30 – 12:15	407			Mathematics Dept	Hang Lung Mathematics Award Training	5	S4	YHW
13:30 – 16:00	SAC1			Innovative and Robotics Club	RoboMaster Competition Practice	17	S1 – S4	CST, LFK, CYC

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12:15 – 12:30	Classrooms	--	Roll-call before School Dismissal	All Students	S3, S4	Class Teachers
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Post Examination Activities 2022-23

Date : 6-7-2023 (Thu)

Teacher ic: LSY

Time	Venue	Organizer	Activities	No. of Participants	Target Group	Responsible Teachers
08:20 – 08:30	Classrooms	--	Morning Roll-call	All Students	S1, S2, S5	Class Teachers

Outdoor Activities:

14:15 – 15:45	T-Park	Environmental Education	Site visit in T-Park	40	S4	HKK, LSF, WSC
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Activities held at School Hall:

10:45 – 12:15	Hall	Environmental Education	屯門南延線工程介紹講座	240	S1, S5	<u>HKK</u> , NHS, CTW, CKW, TA(E)
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Activities held at SAC / Special Rooms / Classrooms:

08:30 – 10:15	Lecture Theatre	Personal, Social & Humanities Education (PSHE) KLA	中一班際文史常識問答比賽	120	S1	HTK, KSW, WCK,
08:30 – 10:15	Photography Club(208), Sci. Association(IS Lab.), Chess Club(A107), Home Econ. Club(HR) Student Lib. Asso.(Library)	ECA Co-ordination Committee	學會活動初體驗： 攝照入門體驗 + 十萬伏特之感應 + 日本棋體驗 + 烹飪體驗 + 圖書館盤點工作坊	120	S2	LSY, TCH(208), LSF(IS Lab.), CST(A107), WYW(HR), LTW(Library)
08:30– 10:15	SAC1, 406, 407, 408, 409	Guidance & Counselling & Life Education	身心靈健康關注攤位	120	S5	YL, PML, LML, FWS, TA(NCS)
10:45 – 12:15	Lecture Theatre	Personal, Social & Humanities Education (PSHE) KLA	中二班際文史常識問答比賽	120	S2	HTK, KSW, WCK,
08:30 – 12:45	Phy. Lab.	HK Red Cross Youth Unit	Youth Basic Cardio Pulmonary Resuscitation	16	S1 – S5	LKL, LOO
13:30 – 16:00	SAC1	Innovative and Robotics Club	RoboMaster Competition Practice	17	S1 – S4	CST, LFK, CYC

12:15 – 12:30	Classrooms	--	Roll-call before School Dismissal	All Students	S1, S2, S5	Class Teachers
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Post Examination Activities 2022-23

Date : 7-7-2023 (Fri)

Teacher ic: LMLE

Time	Venue	Organizer	Activities	No. of Participants	Target Group	Responsible Teachers
08:20 – 08:30	Classrooms	--	Morning Roll-call	All Students	S3, S4, S5	Class Teachers

Outdoor Activities:

08:30 – 12:30	City University of Hong Kong	Career & Life Planning Education	CITY U Talk and Visit	120	S4 #	CKL, CLY, LSC, LKL, CKYU, TA(M & Sci)
12:00 – 18:00	中山紀念公園體育館	康文署	學校體育推廣計劃頒獎典禮暨嘉年華	10	Representatives from School Sports Team	HKF, LYF
12:30 – 16:00	故宮文化博物館	Moral, Civic & National Education + Chinese Language Dept.	參觀故宮文化博物館	120	S5	YSP, YHW, LML, CPT, YTW, LSH, LOO, LSY
14:30 – 17:00	香港文化博物館	Art Club	參觀香港文化博物館	15	S4	CKYU
12:00(7/7) – 14:00(8/7)	賽馬會長洲鮑思高青少年中心	Guidance & Counselling & Life Education	「友」你在旁 中一歷奇訓練營	20	S1	LCK, SSW(Cam)

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Activities held at School Hall:

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Activities held at SAC / Special Rooms / Classrooms:

08:30 – 10:15	3A (406) 3B (306) 3C (206) 3D (106)	Career & Life Planning Education	自我認識性格透視工作坊	120	S3	CCM, CHL(3A), LSY(3B), LKY(3C), LYY(3D)
10:45 – 12:15	3A (406) 3B (306) 3C (206) 3D (106)	Career & Life Planning Education	自我認識性格透視工作坊	120	S3	CCM, CHL(3A), CTW(3B), YL(3C), LYY(3D)
13:30 – 16:00	SAC1	Innovative and Robotics Club	RoboMaster Competition Practice	17	S1 – S4	CST, LFK, CYC

12:15 – 12:30	Classrooms	--	Roll-call before School Dismissal	All Students	S3	Class Teachers
12:30 – 12:45	Classrooms	Chinese Language Dept.	Roll-call	All Students	S5	YTW, LOO, LSH, LSY